

## **PURPOSE**

**Definition of Evidence-based practice (EBP):** A problem-solving approach to clinical decision-making within a health care organization. It integrates the best available scientific evidence with the best available experiential (patient and practitioner) evidence. EBP considers internal and external influences on practice and encourages critical thinking in the judicious application of such evidence to the care of individual patients, a patient population, or a system.<sup>1</sup>

<sup>1</sup>Newhouse, R.P., Dearholt, S.L., Poe, S.S., Pugh, L., White, K., 2007. *Johns Hopkins Nursing Evidence-Based Practice Model and Guidelines*. Sigma Theta Tau International, Indianapolis, IN.)

## **OBJECTIVES**

1. Identify factors needed to implement evidence-based practice (EBP).
- 2 .Describe the role of experts and mentors in facilitating EBP in the clinical setting.
3. Discuss individual and organizational strategies that increase clinicians' use of EBP

## **Consultation**

Individual or small group consultation will be available to attendees who have specific questions related to their own clinical inquiry project. These sessions will be held during the podium presentations in the afternoon and must be arranged prior to the conference. To request a consultation please complete the consultation fields on the registration form.

## **CONFERENCE PLANNING COMMITTEE & SITE COORDINATORS**

### **Kaiser Permanente Northwest**

**Patricia L. Nardone, MS, PhD, RN, CNOR**  
**Patricia Solis, MSN, RN, MBA, HCA, CNML**

### **Legacy Health System**

**Mark Roady, MSN, RN, CCRN, ACNS-BC**  
**Makalya Cordoza, MSN, RN, CCRN**

### **Oregon Health & Science University**

**Deborah Eldredge, PhD, RN**  
**Mary Rummell, MN, RN, CNS, CPNP**

### **Portland VA Medical Center**

**Christy Locke, DNP, RN, CNS, CNOR**  
**Diana Pope, PhD, MS, RN**  
**Patty Taylor-Young, PhD, RN, FNP-BC**

### **Providence St. Vincent Medical Center**

**Mary Waldo, PhD, RN, CNS-BC, CPHQ**

### **Salem Hospital**

**Ann Alway, MS, RN, CNS, CNRN**  
**Margo Halm, PhD, RN, ACNS-BC**

## **PROFESSIONAL CREDIT**

Professional credit offered by California State Board of Nursing is pending.



**The Oregon  
Nursing  
Research &  
Quality  
Consortium**  
*Presents....*

**Evidence Based  
Practice: How to  
Make Change Happen**

**Date: April 14, 2014**

**Time: 7:15-4:30**

**Salem Health  
Building B,  
Wedel Auditorium  
665 Winter St. SE  
Salem, Oregon 97309**

## SPEAKERS

**Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN**  
*Associate Vice President for Health Promotion, University Chief Wellness Officer, and Dean of the College of Nursing at The Ohio State University*

Dr. Melnyk is a nationally and internationally recognized expert in evidence-based practice, intervention research and child and adolescent mental health. She is a keynote speaker at many national and international conferences, a consultant, researcher, publisher, editor, and has earned many honors, including being elected to the Institute of Medicine and elected as a fellow of the American Academy of Nursing, the National Academies of Practice, and the American Academy of Nurse Practitioner. She has been recognized as an Edge Runner twice by the American Academy of Nursing for founding and directing the National Association of Pediatric Nurse Practitioners' KySS (Keep Your Children/Yourself Safe and Sound) child and adolescent mental health program and her COPE Program for parents of preterm infants. She is passionate about improving care outcomes through development and dissemination of EBP that have demonstrated strong outcomes and cost effectiveness. Dr. Melnyk realizes dissemination alone does not change practice and is just as passionate about helping nurses to learn to use evidence to change their practice. Her text, "Evidence-Based Practices in Nursing and Healthcare: A Guide to Best Practice" uses practical, real life situations to illustrate the concepts she introduces.

**Loree Hyde, MLIS**  
*Reference Librarian, OHSU*

## PROGRAM SCHEDULE

7:15-8:00	<b>Registration/Continental Breakfast Welcome</b> <i>Margo Halm, PhD, RN, ACNS-BC (Salem Hospital)</i>
8:00	<b>Clinical Inquiry: Creating our Future</b> <i>Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN</i>
10:00	<b>Clinical Inquiry Examples:</b> Poster Viewing/Break
10:45	<b>Clinical Inquiry: Creating our Future</b> <i>Bernadette Melnyk, PhD, RN, CPNP/PMHNP, FNAP, FAAN</i>
12:00	<b>Clinical Inquiry Examples:</b> Poster Viewing/Lunch
1:00	<b>Clinical Inquiry Examples:</b> Podium Presentations
2:15	Break/Networking
2:30	<b>Clinical Inquiry Examples:</b> Podium Presentations
3:45	<b>Clinical Inquiry: How to Find the Evidence You're Searching For...</b> <i>Loree Hyde, MLIS</i>
4:15-4:30	<b>Poster Awards and Closing:</b>

## REGISTRATION

**Register early as space is limited!**

**Online: cost= \$50.00** (includes continental breakfast and catered box lunch) until April 7, 2014

**On-site: cost= \$60.00** (includes continental breakfast and catered box lunch) after April 8, 2014

Refund Policy: If you cancel on or after April 8, 2013 you will be refunded \$40; After April 8, 2013 no refund will be issued.

Register online at:

<http://onrqc-2014-conference.bpt.me/>

**Speaker handouts** will be available at [www.OregonNursingResearchandQuality.org](http://www.OregonNursingResearchandQuality.org) starting April 7, 2014. If you would like handouts please print prior to the conference. There will be no handouts available at the conference. Handouts will be available on the website for 30 days after the conference.

## DIRECTIONS

**From I5 heading north or south – Take exit 253 for OR-22/OR-99e toward Stayton/Detroit Lake (0.2 mile). Merge onto Mission St. SE headed west toward downtown Salem (2.6 miles). Turn right at Capitol St. SE. Watch for parking signs.**

**From HWY 22, Coast or West Salem – Take Dallas Coast Hwy/OR-22 to Front Street exit (1.2 miles; Front St. becomes Trade St. SE and then Bellevue St. SE). Turn right at 12<sup>th</sup> St. SE (394 feet). Turn right at Oak St. SE (0.1 mile). Turn left at Capitol St. SE. Watch for parking signs.**

## PARKING

Parking is available on the 5<sup>th</sup> floor of parkade.

## HOTEL ACCOMODATIONS

The Grand Hotel  
201 Liberty St. SE, Salem, OR 97301  
<http://www.grandhotelsalem.com>  
503-540-7800 or 1-877-540-7800

*Mention Salem Hospital for a reduced rate*

## QUESTIONS

Please contact Ann Alway, 503-814-6107 or email [ann.alway@salemhealth.org](mailto:ann.alway@salemhealth.org).

Vendors/Sponsors Pending